



The ileostomy & internal pouch
Support Group

Registered Charity

TRAVEL INSURANCE

When travelling abroad, it is important to have the right type of travel insurance. That insurance must cover all 'pre-existing conditions' and it is advisable to obtain this information in writing from the insurance company.

Many of our members have obtained satisfactory cover at reasonable costs from the following companies but it is useful to shop around for the best offer.

All Clear Travel Insurance	www.allcleartravel.co.uk	0845 250 5250
AXA PPP Healthcare	www.axapphealthcare.co.uk	0800 731 4964
Columbus Direct Travel Insurance	www.columbusdirect.com	0845 888 8893
Fit-4-Travel	http://www.onestop4.co.uk/index.php?affiliateID=371	0800 848 8848
Free Spirit	www.free-spirit.com	0845 230 5000
Freedom Travel Insurance	www.freedominsure.co.uk	0870 774 3760
Go Travel Insurance Direct	www.gotravelinsurance.co.uk	0870 243 6006
G K Sladdin & Company Limited	www.sladdininsurance.com	0800 731 3989
Insure and Go	www.insureandgo.com	0870 901 3674
J D Travel Insurance Consultants	www.jdtravelinsurance.co.uk	084 4247 4749
Leisurecare	www.leisurecare.co.uk	017 9375 0150
Post Office	www.postoffice.co.uk	0800 169 9999
Swinton Insurance	www.swinton.co.uk	0800 138 2412
Staysure Travel Insurance	http://www.staysure.co.uk	0800 033 4902
Worldwide Travel Insurance	www.worldwideinsure.com	0870 112 81000

The following company specialises in cover for cancer patients:
Medi Travelcover Ltd www.meditravelcover.com 01252 782 392.

If you are a regular traveller, it is worth considering Annual Travel Insurance cover. Some useful contacts for this are Barclays Bank - Churchill Insurance – Flexicover - Marks & Spencer - MRL Insurance Direct.

Please refer To **IA** leaflet "Travel Tips" for further useful information.

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www.iasupport.org

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TRAVELLING TO EUROPE?

The Department of Health has now discontinued the use of E111 Forms which have been replaced by the introduction of a European Health Insurance Card (EHIC). It may take slightly longer to obtain the new card and early application is recommended.

The EHIC entitles you to reduced cost (or sometimes free) healthcare where treatment becomes necessary during a temporary visit to other countries of the European Economic Area or Switzerland. The card is only valid for treatment offered under the state healthcare schemes operating in these countries; it gives you access to treatment under the same terms as people that live in the country you are visiting.

The EHIC is **not** a substitute for travel insurance. It may not cover all health costs and never covers repatriation costs and you are advised to take out a travel insurance policy in addition to the EHIC. The EHIC card does not cover situations where patients go abroad in order to be treated in hospitals overseas, your Primary Care Trust can advise you further about this.

Further information, including a full list of countries covered, together with details of their "health systems" can be found in the booklet "**Health Advice for Travellers**" available from the Post Office and on line at www.dh.gov.uk/travellers. It is strongly recommended that you take this booklet with you when travelling as it contains information on what to do if treatment becomes necessary during your trip.

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