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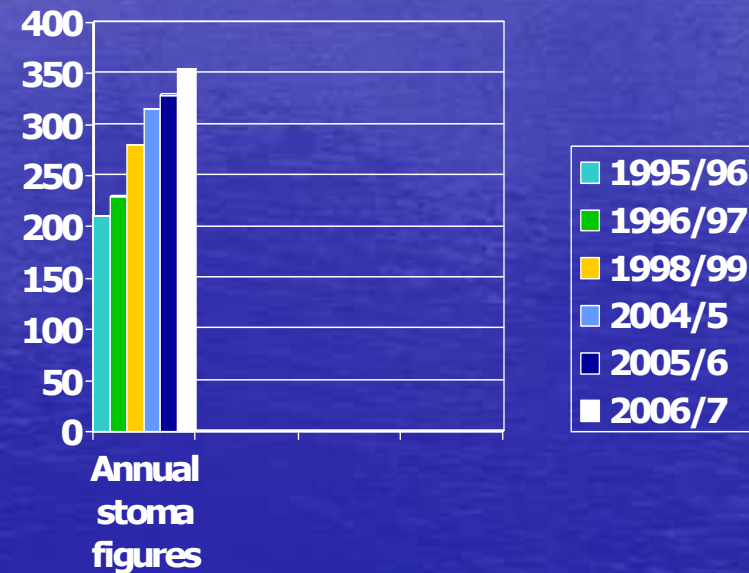
Research Project

- MSc Advanced Nursing Practice/ Nurse Practitioner at Bournemouth University 2004



Background

- Appointed ORH in 1994 as Clinical Nurse Specialist in Stoma Care
- ORH large tertiary referral centre seeing many new ostomists each year, this figure steadily rising.



Background

- Late in 20th century saw revolutionary surgical advances within colorectal sphere
- 1978 Parks & Nicholls modified internal pouch, previously experimented by Ravitch in 1947 on dogs!
- 1984 1st ileo-anal pouch formed in Oxford

Ileo-anal pouch developments

- Shape S, W or J
- Staged approach – 1, 2 or 3 stages
- Ileostomy v No ileostomy
- Mucosectomy v No mucosectomy



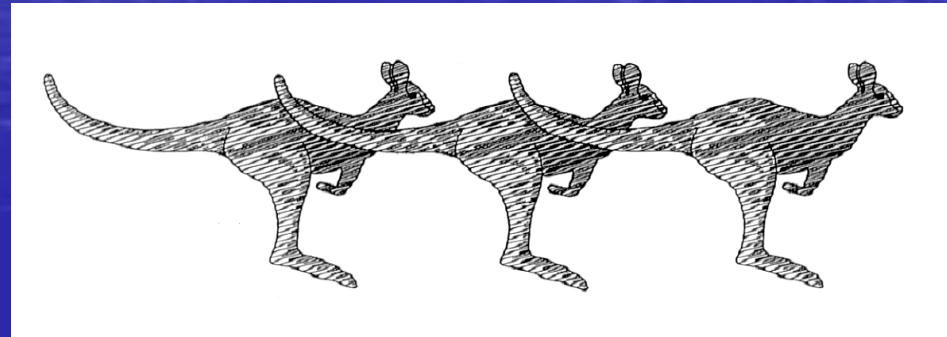
Ileo-anal pouch developments

No stoma

No access to Clinical Nurse Specialist,
stoma care

Lack of support generally

1991 – Kangaroo
Club was borne



1993 - ia became Ileostomy Association and
Internal Pouch support group

Common concerns

Peri-anal skin soreness

Ineffective emptying

Peri-anal itching

Dietary concerns

Slight incontinence

Frequency

General anxieties

Sexual function



Nurse-led ileo-anal pouch clinic

- Initial questionnaire to patients
- Advanced training of CNS
- Designated clinic space
- Administration of clinic, careful liaison
- Protocols, 2002, 2008
- Referral guidelines

MSc thesis???



The ileo-anal pouch procedure is now viewed as the operation of choice for those individuals with a diagnosis of Ulcerative Colitis and Familial Adenomatous Polyposis.

(Fazio 1998, Seidel, 2000)

Hypothesis

What is the individuals perception of their own quality of life following ileo-anal pouch formation?





"A living experience"



The Ileostomy and Internal Pouch Support Group

National Council 2007 Bristol



Working Together – The Next
50 Years

Research process

- Phenomenological approach
- Interviewed the 6 volunteers over summer 2007
- 3 male, 3 female subjects
- Interviews transcribed into narratives which were then analysed

Concurrent Themes

- Information prescription/Lack of support
- Seeking control
- Fertility and Fecundity
- Role and Relationships
- Employment
- Diet

Information Prescription

Support and lack of support from health care professionals

Lack of knowledge and understanding from health care professionals and others Eg. Insurance companies,

Advocacy for fellow sufferers and “pouchies”

Uncertainty for future

Value of support groups

Seeking Control

Making the decision

Cessation of steroid therapy

High motivation

No guarantees, uncertainty

Dietary modifications

Role and Relationships

Fertility and Fecundity

Feelings of being inadequate whilst ill

Employment

Jubilant, following successful ileo-anal pouch surgery

Diet

50% individuals modify their diet

Not adequately discussed by Health
Care Professionals

Attitudes towards food

Lack of literature regarding
diet



"A living experience"

Huge thanks to:

Ileostomy association and internal
pouch support group

Kangaroo Club

Hollister Inc

Special thanks to
the subjects who
volunteered for
this research

